



Two Boats School

Newsletter

Friday 11th October 2024



Hello Everyone,

It's the end of another week, the penultimate week for Term 1A.

On Thursday it was World Mental Health Day and the theme for this year was "it's time to prioritise mental health in the workplace". Here at TBS we recognise the importance of looking after our mental health at all times but we made an extra special effort on Thursday to take time out for this.

At school it is hard for our staff to all be together during the day as our primary focus has to be our students. However, we decided to create opportunities to engage in some calm and relaxing activities that also allowed for talking with each other. Staff were then able to drop in and out around their other commitments.

The day started with a 15 minute meditation session led by Ms Smith before students arrived into school.



At break time we held a tea and talk session whereby staff made a conscious effort to take time out to drop by the staff room.





For 20 minutes at lunchtime Mrs Giles organised a mindful colouring session which will be collated into a vision board collage.



Finally, I conducted a walk and talk with Ms Smith and Mrs Roberts and an outdoor meeting where we got to discuss a training session they had been engaged in that morning.





Talking about mental health remains a taboo subject, so the more opportunities we can create to talk about our mental health and break the stigma can only be a good thing.

Thank you to team TBS for looking out for each other and ensuring that TBS remains a supportive and friendly workplace.

In our assembly on Friday we said goodbye to Lorna, it is sad to see Lorna leave as during her time here she has contributed much to TBS. From the YMPA to drama club and the many contributions to lessons, there is no doubt that Lorna will be missed and remembered fondly by staff and students alike. Goodbye and best wishes for your next chapter Lorna!





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House points:

The House cup changed hands again this week and reverted back to Dampiers with 106 points. Great Job Dampiers!



some information and video clips that might be useful.

<https://www.nhtsa.gov/road-safety/bicycle-safety>

Finally a reminder about our Harvest Assembly on Friday at 11.30am and Sports day on Sunday 20th October at 9.00am at the TB field. We look forward to seeing you there.

That's it for this week

Tania Maggott

Head Teacher

The weekly stars of the week were: Alysha and Matthew for Primary and Ada and Logan for Secondary. Well done to you all!



Road Safety:

There have been a number of concerns raised by members of the community about the unsafe practice of some of our students when cycling in the village. I have had a brief safety chat with all the Primary students and we are looking to have some road safety when cycling lessons by the Police in the near future. Please could I ask all parents to reinforce road safety rules and ensure that children are wearing helmets when out riding their bicycles. Your support with this would be greatly appreciated. The link below provides