



Two Boats School

Newsletter

Friday 18th October 2024



Hello Everyone,

The end of Term 1A is here and I think it is fair to say that all staff and students are looking forward to the half term break!



This week we welcomed to TBS and our Year 1 class, Logan Henry. Logan has joined us from St Helena and is settling in to life here at TBS and making some new friends. We hope you enjoy your time here with us Logan.

This morning we also held our Annual Harvest Assembly, it was lovely to see so many parents join us for this. Harvest is a time for giving thanks for the food we have to eat as well as taking a moment to be thankful for all that we have. We did this through song, poems and readings from students across the school. Lay Minister Alan joined us at our assembly to say prayers and to bless our Harvest table. Lunch for all then followed. Thank you to the parents for your contributions of eats and tins for the Church. Thank you also to The American Base for our Harvest loaf and to the Ascension Island Base for our fresh fruit and vegetables.





Congratulations are extended to our school dedicated Lifeguards who have completed their training and are now certified for another two years.



Read on to find out some of the activities our Secondary students have been engaged in the past week.

Finally we look forward to our Sports Day this Sunday morning!

That's it for this week! Happy Holidays and I will see you all on Monday 28th October.

Tania Maggott
Head Teacher

Resilience Study

Earlier this year, students from Years 9 and 10 took part in a study at school to learn more about resilience among young people on Ascension Island. The research was accrued out for two sessions delivered over two weeks and was led by me, Dr. Tara Murphy, a psychologist from England, (who used to live and work on Saint Helena) and joined remotely, with help from social worker Paul Bridgewater and teachers Tracey Hudson and Wendy Bright. Mrs Tania Maggott, very generously supported the study also.

So, what is resilience? Great question! Resilience is all about bouncing back from tough times and not giving up, but also coping with frustration and doing the best you can. In the first session, students did activities and had discussions about resilience. They were really good at talking about it and already knew a lot. In the second session, students shared their own ideas about resilience, including their thoughts on school, home life, friends, family, and pets. The results showed that these young people are curious and smart. They came up with practical solutions to problems with lots of enthusiasm.

Students also mentioned that living on Ascension Island can sometimes be boring and the weather can be very hot. They use distractions and activities like playing games, eating, and doing hobbies to pass the time and have fun. They suggested that having more places to hang out and more privacy in their small community would be great.

The full results of the study will be available next year and I will be able to share details of this when available. Also - a website (www.mindingmymind.sh) is being created by and for young people on Saint Helena as part of the research and may be of interest to people living on Ascension. It should be ready by April/May 2025, so stay tuned!

Thanks again for all the support in doing this research.



Tara Murphy

HW Training Services visits TBS

On Thursday 10th October and Tuesday 15th October, we had the pleasure of Harry and Nathan from HW Training Services visit the secondary school to deliver some first aid training. They showed the secondary students how to administer CPR and use a defibrillator, so our secondary students now have an awareness of what to do and how to react in an emergency situation.



(photos above of Secondary delivering First Aid with HW Training Services)



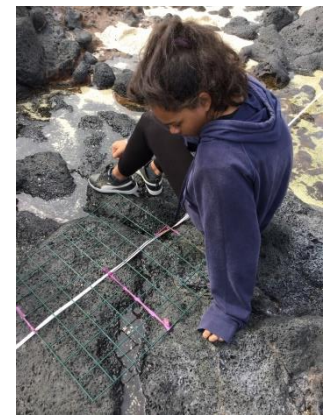
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Year 10 & Year 11 Marine Science students are currently studying Marine Ecosystems and in particular rocky and sandy shores. To enable them to see marine organisms living in these types of ecosystems, they went on a visit to the Klinka Klub on Tuesday 8th October and Dead Man's Beach on Tuesday 15th October. They were able to carry out surveys using quadrats to identify marine species living in rock pools and also used a clinometer to measure the slope of the beach. We would like to extend thanks to Pascal Walters from Conservation for accompanying us on these visits and for his help and extensive knowledge about the marine species.



In the 1980's they did a study on Ascension not only to see the mineral break down in our soil, (if you see a random steel pipe going down in the ground this is what they are! There's one on Porpoise Point walk) but to see if geothermic energy could be harvested. This study of geothermic energy is being restudies with new technology at hand to aid its capture and storage.



Volcano alert!

On Friday 18th October 2 volcanologists from Oxford University visited the school and spoke about what volcanos are and what they can do for us.



All this hot smoke (steam) carries not only heat but metals like copper and gold, the talk explained the research going on to harvest these metals without the traditional way of mining.



Our students really enjoyed listening about other volcano's around the world, with our star geographer Jacob leading the way with his clear knowledge on the topic.

